

# NOVEMBER 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30 Smoothie Bowl	31 Roasted Pepper Soup	1 Veggie Fried Rice	2 Bean, Cheese, Green Chile Quesadilla	3 Grilled Smashed Potato w/ Toppings
6 Veggie Quinoa Bowl	7 Herb Butter Veggie Pasta	8 Minestrone Soup	9 3 Sisters Burrito Bowl	10 NO SCHOOL
13 Tomato Soup + Grilled Cheese	14 Sesame Veggies Noodle Bowl	15 Veggie Curry Rice Bowl	16 Smoothie Bowls	17 Cheesy Grits + Garlic Greens
20 3 Sisters Stew w/ Fry Bread	21 Acorn Pancakes w/Berry Syrup	22 No School	23 No School	24 No School
27 Veggie Hummus Wraps	28 Mushroom Risotto	29 Braised White Beans + Sautéed Greens	30 Veggie Paninis	1 Roasted Pumpkin Soup

ALL LUNCHESES EXCEPT FOR THURSDAYS INCLUDE A SIDE OF FRUIT OR SIDE SALAD