

SEPTEMBER LUNCH 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4 NO SCHOOL	5 Summer Veggie Pasta	6 Veggie + Tofu Fried Rice	7 Smoothie Bowl Bar	8 Cheesy Grits & Greens
11 Zoodles + Marinara	12 Braised White Beans & Swiss Chard	13 Veggie Rice Pilaf	14 3 Sisters Burrito Bowl	15 Veggie Quinoa Salad
18 Sesame Veggies Noodle Bowl	19 Grilled Sweet Corn Fritters	20 Veggie Curry Rice Bowl	21 Caprese Panini	22 Grilled Baked Potato w/ Toppings
25 Veggie Mac & Cheese	26 Tomato & Garlic Lentil Bowl	27 Tofu Musubi w/ Ginger Cucumber Salad	28 Bean, Cheese & Green Chile Quesadilla	29 Veggie + Hummus Wrap

ALL LUNCHES INCLUDE A SIDE OF FRUIT OR SALAD