

# FEBRUARY LUNCH 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30 <b>Veggie Burgers</b>	31 <b>Vegan "Chicken" Noodle Soup</b>	1 <b>Winter Squash Mac &amp; Cheese</b>	2 <b>Bean, Cheese, Brown Rice Burritos w/ Smoothie Cup</b>	3 <b>Veggie Ramen Noodle</b>
6 <b>Tofu Musubi Rolls + Fruit</b>	7 <b>3 Bean Vegan Chili</b>	8 <b>Spaghetti + Marinara with Rainbow Chard</b>	9 <b>Bean &amp; Cheese Quesadilla w/ Smoothie Cup</b>	10 <b>Black Bean Burrito Bowls</b>
13 <b>Grilled Veggie Panini</b>	14 <b>Cream of Broccoli Soup</b>	15 <b>Tomato, Spinach, Herb Pasta Salad</b>	16 <b>Bean, Cheese, Brown Rice Burritos w/ Smoothie Cup</b>	17 <b>Smashed Baked Potato + Vegan Chili</b>
20 <b>No School</b>	21 <b>No School</b>	22 <b>No School</b>	23 <b>No School</b>	24 <b>No School</b>
27 <b>Veggie Pita Bar</b>	28 <b>Butternut Squash Soup</b>			

ALL LUNCHESES EXCEPT FOR THURSDAYS INCLUDE A SIDE OF FRUIT OR SIDE SALAD