



## Mount Madonna High School ANNUAL RAFTING TRIP – 2021

Dear High School Students and Parents,

**Please read all of this carefully even if you think you ALREADY know what it says.**

We are very happy to start the year off again with a white water rafting trip on the American River outside of Sacramento. We are contracting with H2O Adventures, our hosts for many years. MMS will be holding an orientation for new high school parents and students in late August – date TBA. Rafting Trip details and questions will be addressed (ALL incoming 9<sup>th</sup> graders and all high school students who enrolled this year AND last year are requested to attend).

**Please note:** We recently learned from the river rafting company that due to extremely low water conditions, water will only be released on the weekends. **This means that we will need to shift our trip a few days. We will now leave on Friday, September 10, and return on Monday, September 13.**

**The first day of school for High School students will be Wednesday, September 8th.** They will come to campus for orientation and activities on Wednesday, September 8th, and Thursday, September 9. They will depart for river rafting Friday, September 10th, and return on Monday, September 13th. **Students and the faculty that chaperone the trip will take Tuesday, September 14, off to recover from the trip, and classes will begin on Wednesday, September 15th.**

**We leave Friday, September 10<sup>th</sup> - return on Monday, September 13<sup>th</sup>.** Students should bring their bags to the school bus stop if they are bus riders. Buses will transport the students and baggage. Upon arriving at school, please drop students off at the front of the school as per usual, and have your child bring their bags behind the Assembly Room. Do NOT drive behind the Assembly room as the vans need that space for loading. There will be a short orientation Friday morning before departure.

**Return:** We should return to MMS at approx. 5:00 pm. The school office will send out an automated message regarding any update to the arrival time.

### **PACKING LIST**

**Students MUST bring the following items. Pack light; our van space is limited, so students should limit their packing to a backpack and a small bag (that can hopefully contain sleeping bag as well).**

1. Water bottle
2. Sunscreen
3. Hat
4. Bathing suit
5. Water shirt and shorts for rafting
6. Tennis or river shoes or teva-like sandals  
(You must have shoes that can get wet and are strapped to your feet.)
7. Jacket or sweatshirt
8. Towel
9. Change of clothes
10. Toothbrush & toothpaste
11. Pajamas
12. Sleeping bag *(Please bring in a small stuff sack. If your sleeping bag is a large roll, please borrow one that stuffs compactly.)*
13. Sleeping pad (small roll)
14. Medications - **prescription or over the counter\*\*\***(SEE REQUIREMENTS ON THE NEXT PAGE REGARDING MEDICINES)
15. Pack a lunch or bring money for lunch on Friday and Monday and for other occasions (recommended \$25).

*J. Haley Campbell and the MMS Rafting Team*

Student: Last Name \_\_\_\_\_ First Name: \_\_\_\_\_ Grade: \_\_\_\_\_

**PERMISSION SLIP - MMS 2021-2022 – DUE AUGUST 23, 2021  
HIGH SCHOOL RAFTING TRIP**

Please fill out and return this **Permission Slip** and the **Waiver of Liability and Release Agreement from H2O Adventures**.

I give my permission for: \_\_\_\_\_  
(student, first and last name)

to attend the rafting trip on September 10-13, 2021.

Parent Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**\*REQUIREMENTS REGARDING MEDICATIONS AND/OR ALLERGIES**

Will your child be taking medications while at camp?  Yes  No

Will your child be self-administering while at camp?  Yes  No

**PLEASE let us know if your child has peanut or other allergies**  Yes  No

**If your child will be taking any medications during the trip, those medications (prescription and non-prescription) must be in their original container (medication name, dosage, and for prescriptions the provider name and number). All conditions/allergies/health considerations that the staff should be aware of must be listed in the PowerSchool parent portal registration pages before August 3rd.** If you need to update or review the information that you previously input, go to [registration.mountmadonnaschool.org](http://registration.mountmadonnaschool.org) and log in with your user and password to review the health information. Please contact the office at 408-847-2717 if you need assistance or email [registrar@mountmadonna.org](mailto:registrar@mountmadonna.org).

If you are dropping off medications for the trip, please go to the school office to have that medication logged with our staff. Do not give medications to the chaperones before the trip, as they cannot accept them.

**Return this form to MMS by August 23, 2021**

Email to [registrar@mountmadonnaschool.org](mailto:registrar@mountmadonnaschool.org), Fax to 408-847-5633 Or Mail to Attn: Masina Hunnicutt, Registrar, Mount Madonna School, 491 Summit Road, Mount Madonna, CA 95076