

Mount Madonna School COVID-19 Guidance

Updated 3/14/2022



Table of Contents

INTRODUCTION	2
SOURCE DOCUMENTS	3
SCHOOL FACILITIES GUIDANCE	4
CHILDCARE FACILITIES GUIDANCE	9
WORKPLACE GUIDANCE	13

INTRODUCTION

Mount Madonna School's (MMS) highest priority is the safety and wellbeing of the students, parents, faculty, staff, and community. MMS' goal is to provide students with access to an inclusive high quality, in-person education. The School's COVID-19 document compiles up-to-date guidance from public health authorities including the California Department of Public Health, Cal/OSHA, and the CDC. **As a private school, we can choose to be more protective than the guidance.**

Within it are outlined proper procedures to follow in a range of possible scenarios of staff or student exposure or infection. This document is not intended as a static document and will be updated as guidance and circumstances evolve.



SOURCE DOCUMENTS

The following documents and resources were utilized to develop this framework:

CDPH₁ Guidance on Isolation and Quarantine for COVID-19 Contact Tracing - Updated 1/6/2022

<https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/Guidance-on-Isolation-and-Quarantine-for-COVID-19-Contact-Tracing.aspx>

CDPH₂ masks - Updated 1/5/2022

<https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/guidance-for-face-coverings.aspx>

CDPH₃ Guidance for Child Care Providers and Programs - Updated 2/18/2022

<https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/Child-Care-Guidance.aspx>

CDPH₄ COVID-19 Public Health Guidance for K12 Schools in CA, 2021-22 School Year - Updated 3/12/2022

<https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/K-12-Guidance-2021-22-School-Year.aspx>

CDPH₅ K-12 Schools Guidance 2021-2022 Questions and Answers - Updated 3/12/2022

<https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/Schools-FAQ.aspx>

CDPH₆ Guidance on Isolation and Quarantine for COVID-19 Contact Tracing - Updated 3/3/2022

<https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/Guidance-on-Isolation-and-Quarantine-for-COVID-19-Contact-Tracing.aspx>

CDPH₇ Group-Tracing Approach to Students Exposed to COVID-19 in a K-12 setting - Updated 3/12/2022

<https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/Group-Tracing-Approach-to-Students-Exposed-to-COVID-19.aspx>

CDPH₈ Testing at Schools

<https://testing.covid19.ca.gov/school-testing>

CalOSHA₂ Standards - Updated 1/14/2022

<https://www.dir.ca.gov/title8/3205.html>

CalOSHA₃ FAQ - Updated 3/2/2022

<https://www.dir.ca.gov/dosh/coronavirus/COVID19FAQs.html>

CDC₁ Guidance for COVID-19 Prevention in K-12 Schools - Updated 2/2/2022

<https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/k-12-guidance.html>

CDC₁ Vaccine Booster Shots - Updated 2/2/2022

<https://www.cdc.gov/coronavirus/2019-ncov/vaccines/booster-shot.html>

CDC₂ Travel - Updated 1/22/2022

<https://www.cdc.gov/coronavirus/2019-ncov/travelers/index.html>

CDC₃ Quarantine and Isolation

<https://www.cdc.gov/coronavirus/2019-ncov/your-health/quarantine-isolation.html>

State Public Health Officer Order of 6/11/2021

<https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/Order-of-the-State-Public-Health-Officer-Beyond-Blueprint.aspx>

California Code of Regulations Title 22 - Division 6 - Licensing of Community Care Facilities

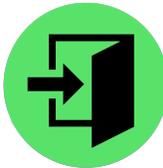
<https://regulations.justia.com/states/california/title-22/division-6/chapter-5/subchapter-2/article-6/84278-1/>

SCHOOL FACILITIES GUIDANCE

Under operative [executive orders](#), State Public Health Officer [Order](#) of June 11, 2021, [Cal/OSHA](#) Workplace Safety and Health Regulations, and provisions of the California Health and Safety Code, schools must comply with orders and guidance issued by the California Department of Public Health and relevant local health departments to limit the spread of COVID-19 and protect public health ([CDPH](#)). This guidance is for a K-12 school and childcare. Cal/OSHA requires more restrictions if there are multiple COVID-19 infections and/or COVID-19 outbreaks.

	<p>Exposure Defined</p>	<p>Close Contact through proximity and duration of exposure: Someone who was less than 6 feet away from an infected person (laboratory-confirmed or a clinical diagnosis) for a cumulative total of 15 minutes or more over a 24-hour period</p>	<p>CDC₃</p>
	<p>Quarantine Defined</p>	<p>Quarantine restricts the movement of persons who were exposed to a contagious disease in case they become infected. Quarantine is a proven public health intervention fundamental to reducing COVID-19 transmission.</p>	<p>CDC₁</p>
	<p>MONITORING SYMPTOMS</p>	<p>Each day faculty, staff and families will receive an email from SwiftK12 with a passive Symptom and Exposure Screening questionnaire. All faculty, staff and families are expected to complete it before arriving on campus. Students who display symptoms or are sick should not attend school. We encourage you to reach out to your healthcare provider.</p>	<p>CDPH₄</p>
	<p>Masks in School</p>	<p>Outdoors - As of Monday, March 14, Masks are optional outdoors for all in K-12 school settings. CalOSHA recommends that employees not fully vaccinated wear masks when outdoors if less than six feet from another person</p>	<p>CDPH₂ CalOSHA₂</p>
		<p>Indoors - On Monday, April 18, MMS will adopt the guidance stating that CDPH strongly recommends that students wear masks in K-12 indoor settings. Students exposed to COVID-19 will be required to wear a mask indoors for 10 days following the last day of exposure.</p>	<p>CDPH₄</p>
		<p>School Buses - On Monday, April 18, MMS will adopt the guidance stating that masks are strongly recommended on school buses. School buses serving K-12 students are considered a school setting and are subject to K-12 Guidance. CDPH recommends optimizing air quality by opening windows to create more ventilation, when practicable.</p>	<p>CDPH₅</p>
		<p>Sports and Extracurricular Activities Masks are strongly recommended indoors at all times for teachers, referees, officials, coaches, and other support staff, for all spectators and observers. When actively practicing, conditioning, performing, or competing indoors, masks are strongly recommended by participants even during heavy exertion, as practicable.</p>	<p>CDPH₄</p>

SCHOOL FACILITIES GUIDANCE (CONT.)

	<p>COVID-19 Testing</p>	<p>Inspire PCR testing and BinaxNow antigen testing are available and encouraged for all staff and students. Regular surveillance testing allows cases to be caught early before they can lead to the spread of COVID-19. Employers are required to test unvaccinated employees weekly for COVID-19.</p>	<p>CalOSHA₂ CDPH₈</p>
	<p>Isolation Defined</p>	<p>Isolation separates those infected with a contagious disease from people who are not infected. It is a proven public health intervention fundamental to reducing COVID-19 transmission. Students and staff who test positive or have COVID-19 symptoms will be instructed to isolate at home. If symptoms occur at school, students should be kept in an isolation room until they are picked up by their caregivers. The following steps should be followed:</p> <ul style="list-style-type: none"> ■ Stay at home except to get medical care. ■ Separate from other people at home. Do not have visitors. ■ Wear a mask over the nose and mouth in indoor settings, including at home, especially if immuno-compromised or around those who are immunocompromised, unvaccinated, or at risk for severe disease. ■ Avoid sharing rooms/spaces with others; if not possible, open windows to outdoor air (if safe to do so) to improve ventilation or use portable air cleaners and exhaust fans. ■ Avoid using the same bathroom as others; if not possible, clean and disinfect after use. ■ Cover coughs and sneezes. ■ Wash hands often with soap and water for at least 20 seconds, or use an alcohol-based hand sanitizer with at least 60% alcohol. ■ Clean or disinfect "high-touch" surfaces. ■ Monitor symptoms 	<p>CDPH₆</p>
	<p>Ending Isolation After Testing Positive</p>	<p>Students and staff who have tested positive for COVID-19 or have symptoms may discontinue isolation if all the following conditions are true:</p> <ul style="list-style-type: none"> ■ After Staying home (PDF) for at least 5 days ■ Symptoms are not present or are resolving ■ A test specimen* is collected on day 5 or later with a negative result (Antigen Preferred). ■ No Fever is present ■ If unable to test OR If symptoms, other than fever, are not resolving, continue to isolate until symptoms are resolving or until after day 10 ■ Asymptomatic cases who subsequently develop symptoms during their isolation period must begin a new isolation period symptom onset. ■ Per CDPH masking guidance, it is strongly recommended that persons wear a well-fitting mask around others for a total of 10 days, especially in indoor settings 	<p>CDPH₆ CalOSHA₃</p>

SCHOOL FACILITIES GUIDANCE (CONT.)

	<p>Ending Isolation After developing symptoms</p>	<p>Students and staff who develop symptoms must isolate. They may discontinue isolation if all the following conditions are true:</p> <ul style="list-style-type: none"> ■ At least 24 hours have passed since resolution of fever without the use of fever-reducing medications; AND ■ Other symptoms improve ■ Students tests to return: 1 PCR test OR 2 Antigen Tests with at least 24-48 hours in between tests (Testing must be performed/observed by a healthcare provider, laboratory, or a CLIA certified program) OR Student can return to school with documentation from a physician ■ If unable to test OR If symptoms are not resolving, continue to isolate until symptoms are resolving or until after day 10 ■ Per CDPH masking guidance, it is strongly recommended that persons wear a well-fitting mask around others for a total of 10 days, especially in indoor settings 	<p>CDPH₆ CalOSHA₃</p>
	<p>Exposed Unvaccinated Staff</p>	<p>Staff who are Unvaccinated; who are exposed will must be excluded from the workplace for at least 5 days after their last close contact with a person who has COVID-19.</p> <ul style="list-style-type: none"> ■ Exposed employees must test on day 5. ■ Quarantine can end and exposed employees may return to the workplace after day 5 if symptoms are not present and a diagnostic specimen collected on day 5 or later tests negative. ■ Employees must wear face coverings around others for a total of 10 days after exposure, especially in indoor settings. ■ If an employee is unable or chooses not to test and does not have symptoms, quarantine can end and the employee may return to the workplace after day 10. ■ If an exposed employee tests positive for COVID- 19, they must follow the isolation requirements (see above) ■ If an exposed employee develops symptoms, they must be excluded pending the results of a test. ■ Employees are strongly encouraged to get vaccinated or boosted. 	<p>CalOSHA₃</p>
	<p>Exposed Staff: Vaccinated or Booster Eligible Staff</p>	<p>Staff who are Vaccinated and booster-eligible (but have not yet received their booster dose) who are exposed will not need to quarantine if all the following is true:</p> <ul style="list-style-type: none"> ■ A negative test is obtained within 3-5 days after last exposure ■ Employee wears a mask around others for a total of 10 days and ■ Employee continues to have no symptoms ■ If employees test positive, they must follow isolation recommendations (see above) ■ If employees develop symptoms, they must be excluded pending the results of a test <p>Employees who choose not to test must quarantine and may return after Day 10, as long as no symptoms are present.</p>	<p>CalOSHA₃</p>

SCHOOL FACILITIES GUIDANCE (CONT.)

	<p>Exposed Staff: Boosted OR Vaccinated</p>	<p>Boosted OR Vaccinated Employees Who Are Exposed to Someone with COVID-19 do not need to quarantine if they:</p> <ul style="list-style-type: none"> ■ Test on day 5 with a negative result. ■ Wear face coverings around others for 10 days after exposure, especially in indoor settings. Please refer to the section in this FAQ on face coverings for additional face covering requirements. ■ If employees test positive, they must follow isolation recommendations above. ■ If employees develop symptoms, they must be excluded pending the results of a test. <p>Employees who choose not to test must quarantine and may return after Day 10, as long as no symptoms are present.</p>	<p>CalOSHA₃</p>
	<p>Exposed Students</p>	<p>As strongly recommended by CDPH, Schools of Santa Cruz County are adhering to the Group Tracing model for exposures</p> <ul style="list-style-type: none"> ■ Exposed students, regardless of COVID-19 vaccination status, should get tested for COVID-19 with at least one diagnostic test obtained within 3-5 days after last exposure, unless they had COVID-19 within the last 90 days. ■ Exposed students who had COVID-19 within the last 90 days should monitor for symptoms. If symptoms develop, they should isolate and get tested. ■ Exposed students may continue to take part in all aspects of K-12 schooling, including sports and extracurricular activities, unless they develop symptoms or test positive for COVID-19. ■ Wearing masks is strongly recommended. ■ PCR and antigen testing must be performed/observed by a healthcare provider, laboratory, or a CLIA certified program. 	<p>CDPH₆</p>
	<p>Ventilation</p>	<p>For indoor spaces, indoor air quality should be optimized, which can be done by following CDPH Guidance on Ventilation of Indoor Environments and Ventilation and Filtration to Reduce Long-Range Airborne Transmission of COVID-19 and Other Respiratory Infections: Considerations for Reopened Schools (PDF), produced by CDPH Air Quality Section.</p>	<p>CDPH₄</p>
	<p>Cleaning & Disinfecting</p>	<ul style="list-style-type: none"> ■ Staff should clean frequently-touched surfaces at school and on school buses daily using EPA approved cleaning agents (LIST “N”). MMS will continue to practice cleaning buses daily using an electrostatic sprayer and/or when transporting any individual who is exhibiting symptoms of COVID-19. If there has been a positive COVID-19 case on campus within the last 24 hours, MMS will clean and disinfect the spaces occupied by the person during that time. 	<p>CDPH₄</p>
	<p>Employee List of Vaccine Status</p>	<p>Employers may maintain a list of employees who are/are not fully vaccinated. This can be done using a self reporting form where users upload their vaccination card (State Website).</p>	<p>CalOSHA₃</p>

SCHOOL FACILITIES GUIDANCE (CONT.)

	<p>Food Services</p>	<p>MMS will maximize physical distance as much as possible during meal and snack times. Students will eat outdoors.</p>	<p>CDPH₄</p>
	<p>Visitors</p>	<ul style="list-style-type: none"> ■ Mount Madonna School will limit nonessential visitors, volunteers, and activities involving external groups or organizations with people who are not fully vaccinated. ■ Mount Madonna School will not limit access for direct service providers. ■ Visitors should stay home when sick. Anyone, including visitors, who have symptoms of infectious illness, such as flu or COVID-19, should stay home and seek testing and care. ■ When there are high rates of community transmission of COVID-19, the school may limit all visitors. 	<p>CDPH₄</p>
	<p>Extra Curricular Activities</p>	<ul style="list-style-type: none"> ■ Masks are strongly recommended indoors at all times for teachers, referees, officials, coaches, and other support staff, for all spectators and observers. ■ When actively practicing, conditioning, performing, or competing indoors, masks are strongly recommended by participants even during heavy exertion, as practicable. ■ If masks are not worn (or bell covers are not used) due to heavy exertion, it is strongly recommended that individuals undergo screening testing at least once weekly, unless they had COVID-19 in the past 90 days. 	<p>CDPH₄</p>

CHILDCARE FACILITIES GUIDANCE

Licensees and other child care providers should continue to follow COVID-19 requirements and guidance in all applicable California Department of Social Services (CDSS) and Community Care Licensing (CCL) Provider Information Notices (PIN), in addition to guidance or requirements from California Department of Public Health (CDPH), California Department of Industrial Relations Division of Occupational Safety & Health (Cal/OSHA), and local public health departments, as applicable to the particular facility. If there are different requirements between the most current CDPH, CCL, Cal/OSHA, and local health department guidance or health orders, licensees and providers should follow the strictest requirements. This guidance is for a childcare setting, i.e. a worksite where children are present. When students are not present see the Workplace Guidance. CALOSHA requires more restrictions if there are multiple COVID-19 infections and/or COVID-19 outbreaks.

	Exposure Defined	<p>Close Contact through proximity and duration of exposure: Someone who was less than 6 feet away from an infected person (laboratory-confirmed or a clinical diagnosis) for a cumulative total of 15 minutes or more over a 24-hour period</p>	CDC ₃
	Quarantine Defined	<p>Quarantine restricts the movement of persons who were exposed to a contagious disease in case they become infected. Quarantine is a proven public health intervention fundamental to reducing COVID-19 transmission.</p>	CDC ₁
	Masks	<p>Outdoors - Masks are optional outdoors for all in settings. CalOSHA recommends that employees not fully vaccinated wear masks when outdoors if less than six feet from another person</p> <p>Indoors - On Monday, April 18, MMS will adopt the guidance stating that CDPH strongly recommends that all students wear masks in K-12 indoor settings.</p>	CDPH ₃ CalOSHA ₂
	COVID-19 Testing	<p>Diagnostic Screening Testing is regular testing at a frequency of at least once a week for the purpose of identifying individuals who are asymptomatic but COVID positive so that measures can be taken to prevent further transmission. In child care programs, diagnostic screening testing can help promptly identify and isolate people who have COVID-19, identify exposed people so appropriate action can be taken, and identify clusters of cases to reduce the risks to staff and children in care.</p>	CalOSHA ₂ CDPH ₃
	Isolation Defined	<p>Isolation separates those infected with a contagious disease from people who are not infected. It is a proven public health intervention fundamental to reducing COVID-19 transmission. Students and staff who test positive or have COVID-19 symptoms will be instructed to isolate at home. The following steps should be followed:</p> <ul style="list-style-type: none"> ■ Stay at home except to get medical care. ■ Separate from other people at home. Do not have visitors. ■ Wear a mask over the nose and mouth in indoor settings, including at home, especially if immuno-compromised or around those who are immunocompromised, unvaccinated, or at risk for severe disease. 	CDPH ₆

		<ul style="list-style-type: none"> ■ Avoid sharing rooms/spaces with others; if not possible, open windows to outdoor air (if safe to do so) to improve ventilation or use portable air cleaners and exhaust fans. ■ Avoid using the same bathroom as others; if not possible, clean and disinfect after use. ■ Cover coughs and sneezes. ■ Wash hands often with soap and water for at least 20 seconds, or use an alcohol-based hand sanitizer with at least 60% alcohol. ■ Clean or disinfect "high-touch" surfaces. ■ Monitor symptoms 	
	<p>Isolation for children with illness</p>	<p>Children who are ill should not attend child care programs.</p> <p>If students do not test:</p> <ul style="list-style-type: none"> ■ Children 2 years of age and older with COVID-19 infection may discontinue isolation after day 5. <ul style="list-style-type: none"> ○ Testing is recommended on or after day 5 <p>If student tests negative: They may return to Childcare if</p> <ul style="list-style-type: none"> ■ At least 24 hours have passed since the resolution of the fever without the use of fever-reducing medications; AND ■ Symptom improvement. AND ■ Either PCR or antigen testing is acceptable <p>If they test positive see the Isolation of children after testing positive for COVID-19 below.</p>	<p>CDPH₃</p>
	<p>Isolation of children after testing positive for COVID-19</p>	<p>Children who have tested positive for COVID-19 must isolate for 5 days from the date of symptom onset or positive test result</p> <ul style="list-style-type: none"> ● Testing is highly recommended on Day 5 (antigen recommended) <p>They may return on Day 6 if</p> <ul style="list-style-type: none"> ● At least 24 hours have passed since the resolution of fever without fever-reducing medications; AND ● No Symptoms/Symptom improvement 	<p>CDPH₃</p>
	<p>Ending Isolation After Testing Positive</p>	<p>Staff who have tested positive for COVID-19 or have symptoms may discontinue isolation if all the following conditions are true:</p> <ul style="list-style-type: none"> ■ After Staying home (PDF) for at least 5 days ■ Symptoms are not present or are resolving ■ A test specimen* is collected on day 5 or later with a negative result (Antigen Preferred). ■ No Fever is present ■ If unable to test OR If symptoms, other than fever, are not resolving, continue to isolate until symptoms are resolving or until after day 10 ■ Asymptomatic cases who subsequently develop symptoms during their isolation period must begin a new isolation period symptom onset. ■ Per CDPH masking guidance, it is strongly recommended that persons wear a well-fitting mask around others for a total of 10 days, especially in indoor settings 	<p>CDPH₆ CalOSHA₃</p>

	<p>Ending Isolation After developing symptoms</p>	<p>Students and staff who develop symptoms must isolate. They may discontinue isolation if all the following conditions are true:</p> <ul style="list-style-type: none"> ■ At least 24 hours have passed since resolution of fever without the use of fever-reducing medications; AND ■ Other symptoms improve ■ Students tests to return: 1 PCR test OR 2 Antigen Tests with at least 24-48 hours in between tests (Testing must be performed/observed by a healthcare provider, laboratory, or a CLIA certified program) OR Student can return to school with documentation from a physician ■ If unable to test OR If symptoms, other than fever, are not resolving, continue to isolate until symptoms are resolving or until after day 10 ■ Per CDPH masking guidance, it is strongly recommended that persons wear a well-fitting mask around others for a total of 10 days, especially in indoor settings 	<p>CDPH₆ CalOSHA₃</p>
	<p>Exposed Children</p>	<p>Unvaccinated children who are exposed to a positive case can quarantine for 5 days</p> <ul style="list-style-type: none"> ■ Providers can consider allowing them to attend Childcare ■ Testing recommended on Day 5 after exposure ■ Students older than 2 should wear well fitting masks indoors ■ Do not wear masks while sleeping ■ Monitor for symptoms for 10 days from exposure 	<p>CDPH₃</p>
	<p>Exposed Staff: Unvaccinated or Booster Eligible Staff</p>	<p>Staff who are Unvaccinated; OR Vaccinated and booster-eligible (but have not yet received their booster dose) who are exposed will not need to Quarantine if all the following is true:</p> <ul style="list-style-type: none"> ■ A negative test is obtained within 3-5 days after last exposure ■ Employee wears a mask around others for a total of 10 days and ■ Employee continues to have no symptoms. ■ If employees test positive, they must follow the isolation recommendations above. ■ If employees develop symptoms, they must be excluded pending the results of a test. <p>Employees who choose not to test must quarantine and may return after Day 10, as long as no symptoms are present.</p>	<p>CalOSHA₃</p>
	<p>Exposed Staff: Boosted OR Vaccinated</p>	<p>Boosted OR Vaccinated Employees Who Are Exposed to Someone with COVID-19 do not need to quarantine if they:</p> <ul style="list-style-type: none"> ■ Test on day 5 with a negative result. ■ Wear face coverings around others for 10 days after exposure, especially in indoor settings. Please refer to the section in this FAQ on face coverings for additional face covering requirements. ■ If employees test positive, they must follow the isolation recommendations above. ■ If employees develop symptoms, they must be excluded pending the results of a test. <p>Employees who choose not to test must quarantine and may return after Day 10, as long as no symptoms are present.</p>	<p>CalOSHA₃</p>

	Ventilation	<p>For indoor spaces, indoor air quality should be optimized, which can be done by following CDPH Guidance on Ventilation of Indoor Environments and Ventilation and Filtration to Reduce Long-Range Airborne Transmission of COVID-19 and Other Respiratory Infections: Considerations for Reopened Schools (PDF), produced by CDPH Air Quality Section.</p>	CDPH ₄
	Cleaning & Disinfecting	<ul style="list-style-type: none"> ■ Staff should clean frequently-touched surfaces at school and on school buses daily using EPA approved cleaning agents (LIST “N”). MMS will continue to practice cleaning buses daily using an electrostatic sprayer and/or when transporting any individual who is exhibiting symptoms of COVID-19. If there has been a positive COVID-19 case on campus within the last 24 hours, MMS will clean and disinfect the spaces occupied by the person during that time. 	CDPH ₄
	Employee List of Vaccine Status	<p>Employers may maintain a list of employees who are/are not fully vaccinated. This can be done using a self-reporting form where users upload their vaccination card (State Website).</p>	CalOSHA ₃
	Visitors	<ul style="list-style-type: none"> ■ Review and update rules for visitors and family engagement activities to reduce the risk of infection, including the strongly recommended use of face masks while indoors unless required by the local public health department, and any other health and safety protocols that have been established. ■ The responsible parent or guardian of a child receiving services in a child care facility has the right to enter and inspect the facility without advance notice during the normal operating hours of the facility or at any time that the child is receiving services in the facility as specified in Health and Safety Code Section 1596.857. ■ Provide access for direct service providers (DSPs), such as paraprofessionals, therapists, early intervention specialists, and mental health and healthcare consultants. ■ Ensure direct service providers are following currently recommended prevention strategy guidance including vaccination, COVID-19 testing, and contact tracing in combination with isolation/quarantine. ■ Provide access to essential visitors, including CDSS staff. (Title 22 CCR sections 101200 and 102391). 	CDPH ₃

WORKPLACE (NON SCHOOL) GUIDANCE

Under operative [executive orders](#), State Public Health Officer [Order](#) of June 11, 2021, [Cal/OSHA](#) Workplace Safety and Health Regulations, and provisions of the California Health and Safety Code, employers must comply with orders and guidance issued by the California Department of Public Health ([CDPH](#)), Cal/OSHA and relevant local health departments (LHDs) to limit the spread of COVID-19 and protect public health. The following guidelines apply to all workplaces that are not K-12 schools. Prior to utilizing this guidance, determine if the environment is a 'workplace' or a 'school site'. This guidance is only for a non-school workplace (i.e. not a K-12 school, childcare, nor another youth setting). These guidelines apply when there are no Workplace Outbreaks. CALOSHA requires more restrictions if there are multiple COVID-19 infections and/or COVID-19 outbreaks.

Workplaces can choose to institute policies that may be more restrictive than CDPH guidelines

	Exposure Defined	Close Contact through proximity and duration of exposure: Someone who was less than 6 feet away from an infected person (laboratory-confirmed or a clinical diagnosis) for a cumulative total of 15 minutes or more over a 24-hour period	CDC ³
	Quarantine Defined	Quarantine restricts the movement of persons who were exposed to a contagious disease in case they become infected. Quarantine is a proven public health intervention fundamental to reducing COVID-19 transmission.	CDC ¹
	Masks	<p>Outdoors - Masks are optional outdoors for all in K-12 school settings. CalOSHA recommends that employees not fully vaccinated wear masks when outdoors if less than six feet from another person</p> <p>Indoors - On Monday, April 18, MMS will adopt the policy that CDPH strongly recommends that all staff wear masks in K-12 indoor settings, with consideration of exemptions per CDPH face mask guidance.</p>	CDPH ² CalOSHA ²
	COVID-19 Testing	Testing is available and encouraged for all staff and students. Regular screening testing allows cases to be caught early before they can lead to the spread of COVID-19. Regular testing (such as testing a percentage of the population or testing at less frequent intervals) can reassure the school community and inform policies based on comparison of school case rates as compared to the community. Testing symptomatic children can help them return to school faster.	CalOSHA ² CDPH ⁸

	<p>Isolation Defined</p>	<p>Isolation separates those infected with a contagious disease from people who are not infected. It is a proven public health intervention, fundamental to reducing COVID-19 transmission. Staff who test positive or have COVID-19 symptoms will be instructed to isolate at home. The following steps should be followed:</p> <ul style="list-style-type: none"> ■ Stay at home except to get medical care. ■ Separate from other people at home. Do not have visitors. ■ Wear a mask over the nose and mouth in indoor settings, including at home, especially if immuno-compromised or around those who are immunocompromised, unvaccinated, or at risk for severe disease. ■ Avoid sharing rooms/spaces with others; if not possible, open windows to outdoor air (if safe to do so) to improve ventilation or use portable air cleaners and exhaust fans. ■ Avoid using the same bathroom as others; if not possible, clean and disinfect after use. ■ Cover coughs and sneezes. ■ Wash hands often with soap and water for at least 20 seconds, or use an alcohol-based hand sanitizer with at least 60% alcohol. ■ Clean or disinfect "high-touch" surfaces. ■ Monitor symptoms 	<p>CDPH₆</p>
	<p>Ending Isolation After Testing Positive</p>	<p>Staff who have tested positive for COVID-19 or have symptoms may discontinue isolation if all the following conditions are true:</p> <ul style="list-style-type: none"> ■ After Staying home (PDF) for at least 5 days ■ Symptoms are not present or are resolving ■ a test specimen* is collected on day 5 or later with a negative result (Antigen Preferred). ■ No Fever is present ■ If unable to test OR If symptoms, other than fever, are not resolving, continue to isolate until symptoms are resolving or until after day 10 ■ asymptomatic cases who subsequently develop symptoms during their isolation period must begin a new isolation period symptom onset. ■ Must wear a well-fitting mask around others for a total of 10 days, especially in indoor settings 	<p>CDPH₆ CalOSHA₃</p>

	<p>Ending Isolation After developing symptoms</p>	<p>Staff who develop symptoms must isolate. They may discontinue isolation if all the following conditions are true:</p> <ul style="list-style-type: none"> ■ At least 24 hours have passed since the resolution of fever without the use of fever-reducing medications; AND ■ Other symptoms improve ■ Staff tests to return: 1 PCR test OR 2 Antigen Tests with at least 24-48 hours in between tests (Testing must be performed/observed by a healthcare provider, laboratory, or a CLIA certified program) OR Staff can return to school with documentation from a physician ■ If unable to test OR If symptoms, other than fever, are not resolving, continue to isolate until symptoms are resolving or until after day 10 ■ Per CDPH masking guidance, it is strongly recommended that persons wear a well-fitting mask around others for a total of 10 days, especially in indoor settings 	<p>CDPH₆ CalOSHA₃</p>
	<p>Exposed Unvaccinated Staff</p>	<p>Staff who are Unvaccinated; who are exposed must be excluded from the workplace for at least 5 days after their last close contact with a person who has COVID-19.</p> <ul style="list-style-type: none"> ■ Exposed employees must test on day 5. ■ Quarantine can end and exposed employees may return to the workplace after day 5 if symptoms are not present and a diagnostic specimen collected on day 5 or later tests negative. ■ Employees must wear face coverings around others for a total of 10 days after exposure, especially in indoor settings. ■ If an employee is unable or chooses not to test and does not have symptoms, quarantine can end and the employee may return to the workplace after day 10. ■ If an exposed employee tests positive for COVID- 19, they must follow the isolation requirements (see Ending Isolation After Testing Positive above) ■ If an exposed employee develops symptoms, they must be excluded pending the results of a test. ■ Employees are strongly encouraged to get vaccinated or boosted. 	<p>CalOSHA₃</p>
	<p>Exposed Staff: Vaccinated AND Booster Eligible Staff (unboosted)</p>	<p>Staff who are Vaccinated and booster-eligible (but have not yet received their booster dose) who are exposed will not need to Quarantine if all the following is true:</p> <ul style="list-style-type: none"> ■ A negative test is obtained within 3-5 days after last exposure ■ Employee wears a mask around others for a total of 10 days and ■ Employee continues to have no symptoms. ■ If employees test positive, they must follow the isolation recommendations above. ■ If employees develop symptoms, they must be excluded pending the results of a test. <p>Employees who choose not to test must quarantine and may return after Day 10, as long as no symptoms are present.</p>	<p>CalOSHA₃</p>

	<p>Exposed Staff: Up to Date (Boosted OR Vaccinated)</p>	<p>Up to Date/Boosted OR Vaccinated Employees Who Are Exposed to Someone with COVID-19 do not need to quarantine if they:</p> <ul style="list-style-type: none"> ■ Test on day 5 with a negative result. ● Wear face coverings around others for 10 days after exposure, especially in indoor settings. Please refer to the section in this FAQ on face coverings for additional face covering requirements. ● If employees test positive, they must follow isolation recommendations above. ● If employees develop symptoms, they must be excluded pending the results of a test. 	<p>CalOSHA₃</p>
	<p>Ventilation</p>	<p>For indoor spaces, indoor air quality should be optimized, which can be done by following CDPH Guidance on Ventilation of Indoor Environments and Ventilation and Filtration to Reduce Long-Range Airborne Transmission of COVID-19 and Other Respiratory Infections: Considerations for Reopened Schools (PDF), produced by CDPH Air Quality Section.</p>	<p>CDPH₄</p>
	<p>Cleaning & Disinfecting</p>	<ul style="list-style-type: none"> ■ In general, cleaning once a day is usually enough to sufficiently remove potential viruses that may be on surfaces. Disinfecting (using disinfectants on the U.S. Environmental Protection Agency COVID-19 list) removes any remaining germs on surfaces, which further reduces any risk of spreading infection. ■ For more information on cleaning a facility regularly, when to clean more frequently or disinfect, cleaning a facility when someone is sick, safe storage of cleaning and disinfecting products, and considerations for protecting workers who clean facilities, see Cleaning and Disinfecting Your Facility. ■ If a facility has had a sick person with COVID-19 within the last 24 hours, clean AND disinfect the spaces occupied by that person during that time. ■ Drinking fountains may be open and used by students and staff. Routine cleaning is recommended. 	<p>CDPH₄</p>
	<p>Employee List of Vaccine Status</p>	<p>Employers may maintain a list of employees who are/are not fully vaccinated. This can be done using a self-reporting form where users upload their vaccination card (State Website).</p>	<p>CalOSHA₃</p>